



4901 N. 44th Street #102
Phoenix, AZ 85018
480-779-0227

POST-OPERATIVE INSTRUCTIONS TO PARENTS WHOSE CHILDREN HAVE RECEIVED DENTAL CARE UNDER GENERAL ANESTHESIA OR IV SEDATION

Our main concerns today were to provide high quality dental care and a positive experience for your child. Your child was asleep for the entire appointment, and as a result has no memory of receiving the dental care we provided.

ACTIVITIES

Although the appointment is over, your child may still be drowsy and unable to keep his or her balance. Pay careful attention to your child while walking and do not leave him or her unattended. Expect to rest with your child for the remainder of the day and plan quiet supervised activities like reading or television. Do not be surprised if your child sleeps from 1 to 5 hours or more. Should your child sleep, have your child in a visible location without pillows or blankets around his or her head. Each child's reaction to the sedation varies, and some children may become irritable post-operatively.

GETTING HOME

Your child must be accompanied by a responsible adult to drive him or her home. Use a seatbelt or car seat, as appropriate. If your child is still drowsy, please make sure your child's head is elevated during the ride home.

EATING OR DRINKING AFTER THE APPOINTMENT

At around 1 hour post-treatment, your child's first drink should be water, followed by other clear liquids. Small drinks are preferred. Soft, room temperature foods may be taken if your child tolerates the above liquids. Follow additional dietary instructions if extractions were performed.

COMPLICATIONS

Some children may have an upset stomach or vomit after treatment. Should vomiting persist for more than 1 hour, please contact the office. Your child's temperature may be slightly elevated for the remainder of the day. Children's acetaminophen (for example Tylenol brand) or fluids may help this situation, if indicated. If your child has a fever higher than 101°F or if he or she has difficulty breathing, please call the office (or call 911 if condition is severe).

REMEMBER: Please call our office if you have any questions!

Stefanie Hourani DDS ~ Robert Mirabelli DMD
Marilyn Reber, Office Manager